

Week 9 Meeting



3/14/19

Team Leader: Tam

Other Team Members: Katayi, Nur, Chufu, YJ

Advisor: Dr. Ajjarapu

Safety Moment: Stroke AKA Brain Attack

- Most common cause of severe and long-term disability in America, most occur in people over 65, but can occur at any age
- Permanent disability can be prevented or reduced but only if the stroke victim receives immediate medical attention, so it's important to learn the signs of stroke.
- Remember FAST:-
 - **F** - Face drooping. Is the person's smile uneven or is their face numb? Or the mouth doesn't curve upward on one side as it normally would?
 - **A** - Arm weakness or the sudden clumsiness or inability to move an arm, leg, or hand. Does it drift downward when you ask the person to raise both of their arms?
 - **S** - Slurred speech or a sudden difficulty speaking.
 - **T** - Time is critical! Call 911 immediately, even if the symptoms go away. Make a note of the time the symptoms began and pass it on to all health-care providers.
- **Do not give aspirin to a stroke victim without knowing its cause.** Occasionally, a stroke is caused by a ruptured blood vessel rather than a blood clot, so thinning the blood can cause more bleeding. To determine the cause of stroke, order a CT scan of the brain. After a rupture has been ruled out, the victim should be given aspirin or another blood-thinning drug to prevent another stroke.

Topics